

Compare and Save!



	Harmony Whole Health	Your Primary Care Doctor/Medicare	Other Triad Integrative Medicine Clinics
Cost per visit	\$75 per month (\$900 per year). \$120 per month discounted rate for couples.	Varies. Copay \$30, plus 20% cost of visit that your insurance does not pay, plus the cost of labs and special tests/procedures. No discounted rate for couples	\$6 per minute (\$180 per half hour!). No discounted rate for couples.
Cost of initial consultation	Free Meet-and-Greet	Varies	\$600-\$960
Average Appointment time	30-60 minutes	7-12 min on average	Varies, but billed by the minute!
Multiple visits per month?	Included	Varies by availability	Varies, but charged per minute!
House Calls?	Includes 2 home visits per year for non-members, then \$20 copay per additional visit.	No	No
24/7 timely access to your OWN physician by phone, text, or e-mail?	Included	No, only during business hours, and you might only speak with a nurse. After hours, you get a recording that tells you to go to the ER!	No
Primary care provider you see is a board-certified physician?	Yes	Varies, might be a physician assistant	Varies, might be a nurse practitioner or physician assistant
Osteopathic manipulative therapy	Included	Varies, but not likely. If it is offered, you'll be charged extra.	No
At-cost, discounted labs?	Included. Annual physical exam labs are also included (CBC, CMP, A1c, lipid panel).	The average cost of a CBC test will be between \$25 and \$30 . However, some labs may charge as much as five times this fee.	Varies

At cost, discounted imaging tests?	Included	No	No
Deeply discounted prescription medications, dispensed directly from office?	Included (coming soon!)	No. For example, lisinopril is on average \$13	No.
Guided meditation/guided imagery?	Included (Minus cost of devices)	Varies, but not free	No
Monthly health education classes	Included	Not likely	Not likely
Telemedicine visits?	Included	No	varies
Herbs and supplement evaluation, review, and recommendation?	Included	Varies	Varies
Expensive, unneeded IV nutrition, chelation or other unproven therapies?	No!	No	Yes, but charged by the minute, plus forced to purchase expensive supplements!